

Name:



Club:

## 6<sup>th</sup> Grading Questions

1. Why do we call our style "Modern."

2. Explain how to execute a turning kick.

3. Explain how to execute a side kick.

4. What are some of the characteristics of ITF style Taekwondo?

5. Explain the execution and purpose of the Twin Block combination (twin block/inverted knife hand/fixed stance punch).

6. Explain the third tenet of Taekwondo, Perseverance.

7. Explain the execution and purpose of circular block.

8. What is the Korean title for Master Ron.



9. What is the Korean title for the other Master Instructors

10. What are the Korean words for i) Front ii) Side iii) back and iv) circular/turning kicks.

**Notes**