	Institute #MODERN	*	
Name:	Tao Kw	Club:	

6th Grading Questions

1.	Why do we call our style "Modern."
2.	Explain how to execute a turning kick.
3.	Explain how to execute a side kick.
4.	What are some of the characteristics of ITF style Taekwondo?
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5.	Explain the execution and purpose of the Twin Block combination (twin block/inverted knife hand/fixed stance punch)
5.	block/inverted knife hand/fixed stance punch).
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5.	block/inverted knife hand/fixed stance punch).
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	block/inverted knife hand/fixed stance punch).
	block/inverted knife hand/fixed stance punch).
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6.	block/inverted knife hand/fixed stance punch). Explain the third tenet of Taekwondo, Perseverance.
6.	block/inverted knife hand/fixed stance punch). Explain the third tenet of Taekwondo, Perseverance.
7.	Explain the third tenet of Taekwondo, Perseverance. Explain the execution and purpose of circular block.
6.	block/inverted knife hand/fixed stance punch). Explain the third tenet of Taekwondo, Perseverance.
7.	Explain the third tenet of Taekwondo, Perseverance. Explain the execution and purpose of circular block.

Empower fitness & martial arts centre 4c/22 Orchard Rd, Brookvale www.imt.org.au

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L	10	What are the Korean words for i) Front ii) Side iii) back and iv) circular/turning kicks
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