Name:	Club	:	
1st Grading Questions			

1.	Explain the meaning and history behind Choong Moo.
2.	What does achieving your black belt mean to you?
3.	Explain reasonable force and how it pertains to a self-defence situation.

Empower fitness & martial arts centre 4c/22 Orchard Rd, Brookvale www.imt.org.au

MARK